

Riddells Creek Primary School- Tips on 10 ways to create routines for remote learning at home.

RCPS now has all learning online. Suddenly families have been thrust into the role of home supervisor, helping your child or children engage in virtual learning. If you have no experience of it, it may be frustrating. It's a big change for them and a big one for you. It may start as fun and a something of a novelty but this may wane. We are in it for the long haul.

Remember RCPS staff are here to help and organise the learning and assessment of your child's progress- This is not home schooling – its remote learning and we are in it together.



Make it clear from the start that they won't have to be on the task for long periods. It's hard to sustain a full day of engagement. Remind yourself and your child that learning comes in many forms and that just talking and playing games is a form of learning. So maybe just the morning doing formal school learning and more informal activities after lunch.



Keep a routine for getting up, breakfast and starting work. Most children learn best in the mornings so make the most of that productive time. Keep to the routine you had when they were in school and instead of heading out to school start work at home. It's tempting to go for an extra lie in but avoid it.



Clear a space before starting work. We need to show that children are entering a 'school' space and that their attitude and behaviour – and yours - is going to reflect that. If you have a space that can become the 'school room' then that is ideal but more likely this will be the kitchen table



Make sure they have everything they are going to need. When teachers are trying to make activities interesting they often ask children to do practical tasks. This may involve drawing. It helps to have paper, pencils, felt tips, safe scissors at hand. Teachers will state what is needed for the task. There's nothing more annoying that a constant stream of requests for things.



Build in time for breaks. It is very important to allow your child to have a break and enjoy physical activity. It is very difficult, particularly for young children, to sit still for long. When you notice their attention waning send them out for a jump on the trampoline or a run around the back yard- Even just a good stretch is a good brain break.



Show an interest in what they are doing. Children are not used to working alone. You'll need to judge when they cannot do more but you can extend the point at which that occurs by showing an interest in what they're doing. If you helped them get started, when you in to check ask them some questions and make positive comments.



Celebrate effort rather than achievement. This is always better for the child. If your child struggles to motivate themselves, it can be tempting to offer incentives. We believe it's better to reward effort rather than just focusing on the achievement.

Share the supervision with someone else if you can. If you have a partner, with luck perhaps you're both working from home. Rather than both of you being half available, decide who is supervising the children over a given period of time and take it in turns. Hopefully employers know they need to be flexible in these extraordinary circumstances.



Finally, show & share the pride and love in learning. At the end of the 'school' day and also during it, share the pride on their efforts and achievements. It's a tough time for everyone and tempers may fray. It's understandable but in the end a child needs to have the reassurance of knowing that they are loved

RCPS acknowledges the work of' High performance Learning' in the development of this tips sheet

www.highperformancelearning.co.uk